

HRA SPORTS

WELCOME TO HRA SPORTS!

A proper classical education develops the body as well as the mind and the spirit. We welcome all students to participate in HRA athletics, whether or not they have any prior experience with a sport.

The Athletic Directors will be Mr. Eidem for High School and Mr. Coe for Junior High. They both can be reached at sports@hraak.com. Feel free to contact them with questions about student or parent participation. All sports forms, fees, materials, and uniforms need to be submitted directly to Mr. Eidem, Mr. Coe or the team coaches. **HRA sports fees and medical paperwork must be turned in to them before the athlete may participate in any practices or games.** (This is a legal requirement that will be strictly enforced by our Athletic Directors and coaches.)

We are always on the lookout for parent coaches & chaperones. Volunteers help keep our sports fees to a minimum, as fees cover the costs for game officials fees, field rentals, equipment, uniforms, coaches' salaries, etc.

HRA Team Sports in order of season:

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|--|-------------|-----------------------|
| High School Co-ed Outdoor Soccer (9 th -12 th) | Jul -Oct | \$150 |
| Junior High Co-ed Outdoor Soccer (5 th -8 th) | Jul - Oct | \$75 |
| High School Volleyball (Girls 9 th -12 th) | Sept - Dec | \$150 |
| High School Wrestling (Boys 9 th -12 th) | Sept -Dec | \$150 |
| Junior High Basketball (Girls and Boys 5 th -8 th) | Oct - Dec | \$75 |
| High School Basketball (Girls and Boys 9 th -12 th) | Nov - Mar | \$150 |
| Junior High Co-ed Volleyball (5 th -8 th) | Jan - Feb | \$75 |
| Junior High Co-ed Indoor Soccer (5 th -8 th) | Feb - April | \$75 |
| High School Track (9 th -12 th) | Feb - May | \$150 (+Meet fees) |
| JH Track (5 th -8 th) | Apr - May | \$75 (+Meet fees) |

HRA high school sports teams are part of ASAA (Alaska School Activities Association) **ASAA requirements:**

- Athletes must complete ASAA online forms. (Instructions are provided in the official Sports Packet.)
- Athletes must have a yearly physical.
- Athletes must attend **ten** practices before playing in a game.

HRA Junior High sports teams are part of ACSAA (Alaska Christian School Athletic Association). **ACSAA requirements:**

- Athletes must have a yearly physical.
- Athletes must attend **six** practices before playing in a game.

If you are unable to pay the full amount, please speak with Mr. Woyte. HRA does not want finances to bar your athlete from participating.