# UNIFORM POLICY FOR LOWER SCHOOL PreK - $6^{\text {b }}$ Grade 

Dressing each morning begins from the inside out. The first order of business is to make sure that students are personally clean and well-groomed. The HRA uniform standards include healthy grooming habits and hygiene. Hair must be combed each day as well as being cut into a suitable length and style. All uniform items need to be clean and fit properly. Clothing needs to be washed at least once a week. Students should not be coming to school with stains and smudges on their uniforms.

## Dress Uniform for Gentlemen

$\square$ Clean and combed hair, trimmed to remain out of the eyes and off the collar
$\square$ Solid white undergarments
$\square$ White dress shirt with button-down with collar
$\square$ Green V-neck sweater
$\square$ Black or khaki uniform trousers with no external pockets
$\square$ Black belt with undecorated silver or dark buckle
$\square$ School tie
$\square$ Black shoes that can be polished
$\square$ Black dress socks (no low-cut or "no show" socks)
$\square$ No jewelry other than watches and religious items; limited to one on the wrist and one around the neck

## Dress Uniform for Ladies

$\square$ Clean and combed hair, styled to remain out of the eyes
$\square$ Hair accessories must be tasteful and complement the uniform (black, white, forest green, navy, or maroon)
$\square$ Solid white undergarments
$\square$ White blouse with peter-pan collar
$\square$ Green cardigan sweater
$\square$ Plaid jumper (length to fully cover kneecap when standing)
$\square$ White, navy, or black cotton dress socks (to cover the ankle bone) or tights
$\square$ Black leggings may be worn in winter months under the skirt if there is no gap between the legging and the sock
$\square$ Crisscross tie
$\square$ Black closed-toe flat dress shoes (no Vans, or Keds-style shoes are permitted with the dress uniform)
$\square$ Jewelry limited to a watch around the wrist, one religious item around the neck, and one pair of small post earrings in each earlobe
$\square$ No make-up or nail polish

## P.E. Uniform

$\square$ Gym uniform is required on P.E. days and on other designated gym uniform days
$\square$ Solid black nylon or cotton sweat pants that are not form-fitting. (Students may have sweat pants with a white stripe down the side if solid black cannot be found. No visible logos are permitted).
$\square$ Official grey HRA t-shirt with logo, or Green HRA Spirit Wear t-shirt
$\square$ Official HRA quarter-zip pullover sweatshirt
$\square$ White athletic socks
$\square$ Neutral tennis shoes with a dominant color of black, white, or grey (minimal color on the soles or sides is acceptable if a solid color cannot be found)
$\square$ Shoelaces may only be black, white, or grey
$\square$ Students who take P.E. should have two pairs of uniform sneakers that should remain at school: one for recess, and one pair of indooronly P.E. shoes
$\square$ Students may not have shoes that light up or blink


## Outdoor Clothing

$\square$ Sweat pants may be worn under school clothing during recess for the months of August, September, April and May, or as weather necessitates.
$\square$ A coat, snow pants, hat, gloves, and boots are required to play outdoors when there is snow on the ground.
$\square$ Students who do not have proper outdoor clothing may not participate in outdoor recess and may receive a demerit.
$\square$ Coats and snow gear should complement the school uniform.
$\square$ Neon colors are not recommended as they are inconsistent with the uniform.
$\square$ Students may wear their coats from building to building but must remove them upon entering a properly heated building.

## DRESS CODE for NON-UNIFORMED ACTIVITIES

Students represent the school; therefore, elementary students should dress modestly. Modesty shows respect for the human person. Elementary students are encouraged to speak with their classroom teacher and parents about what modesty includes. "Teaching modesty to children and adolescents means awakening in them respect for the human person" (CCC 2524). While the forms of modesty vary in each culture and climate, it is acknowledged that social norms can be an insufficient standard in a fallen world. HRA therefore concretely outlines the expectations for modest dress, which is expected at all school-related activities, whether or not students are required to be in uniform.

## In General

$\square$ All clothing should fit the person wearing it. Garments should neither be too large nor too tight to move comfortably and gracefully.
$\square$ Ripped denim, leggings worn as pants, or yoga pants are never appropriate for school wear at any time or any occasion.

## Sporting Activities

$\square$ T-shirts are to be worn under loose-fitting team jerseys.
$\square$ When the shorts of a sports uniform or training gear are shorter than mid-length, a pair of half-length leggings with a hemline just above the knee should be worn to accommodate activities while preserving modesty.

## Spirit Days

$\square$ The Elementary School teachers will determine whether elementary students may participate in a given Spirit Day.
$\square$ Costumes for Spirit Days are subject to the same standards of dress as any other nonuniformed school activity.
Attire should reflect the theme of the event.
$\square$ Students who come to school in costume are required to bring their P.E. uniform with them in case there are any problems with the costume that would require replacing all or part of it with appropriate clothing.
*This is an excerpt from the lower school planner/handbook.


## BEST GEAR

Our uniform vendor is Schoolbelles School Uniforms. Our school code is S2694.

Here is the website for direct access:
http://www.schoolbelles.com/myschool/M37/S2694
Select the gender of your student and click the 'Shop' button.
The upper school sweat shirt and the lower school pullover for the P.E. uniform are in the Spirit Wear box. The $t$-shirt is in the Athletic Wear box.

